# Colo Heights Public School

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Great opportunities—personal attention

TERM 4 Week 3 2023

#### FROM THE OFFICE

ABSENT NOTES: Please ring the school when your child is sick or provide a note. If your child has been away for an extensive length of time please provide a Doctors Certificate. Sick notes can also be emailed to the school.

HATS: All students need to wear a school hat. Hats are \$15 each and are available from the office. We follow a NO HAT, NO PLAY policy.

SCHOOL UNIFORM: Please make sure that all students are in full school Uniform .We have second hand jumpers and jackets that you are welcome to come and look through. Uniforms need to paid for on the day of purchase either with cash or a parent online payment.

#### **Hawkesbury Young Writers**

Congratulations to the following students who have won their Stage

at Colo Heights Public School for writing and will now represent the school in the Hawkesbury young Writers Festival. This Festival includes all the Hawkesbury High feeder schools. These being Colo Heights, Ebenezer, Freemans Reach, East Kurrajong, Glossodia and Kurmond Public schools.

Our Representatives are:

Early Stage 1 (Kindergarten)				
Stage 1 (Years 1 & 2)				
Stage 2 (Years 3 & 4)				
Stage 3 (Year 6)				

Dante Jelena Abigail Jackson

The students were asked to write a narrative with the title-*Kid Breaks World Record*.

There will be a presentation night to be held at Hawkesbury High School on Monday the 6<sup>th</sup> of November. We have our fingers crossed for our representatives.

COLO HEIGHTS PUBLIC SCHOOL — EFFORT AND INTEGRITY







Education





#### The Resilience Project

On Tuesday our Primary class plus our year two students attended an information meeting at Richmond High School regarding the **Resilience Project** the school will be involved with, starting in 2024.

The presenter, Martin Heppel was very entertaining as well as informative about what the students will be doing in the project.

We were joined by 8 other Primary schools on the day. Hawkesbury High school are also participating.

The **Resilience Project** is about developing the resilience in students utilising three major areas.



These are.

Gratitude – being thankful for what you have. The kids now know this as 'DIS'. Empathy – understanding of others and being kind. Mindfulness – taking the time for your own wellbeing.

Ask your child in the primary class what some of these mean?

We see this project as a wonderful opportunity for our students and their personal

development. Throughout this term the teachers will be taking part in some professional development courses that will provide us with the skills to implement the program in 2024.

More information will be provided throughout the program.



#### Hawkesbury Small Schools' Camp

Our year six students, Ellee, Mya, Jackson and Riley with Mrs Bailey attended the recent camp to the Great Aussie Bush Camp at Kincumber (near Gosford) with a number of other small schools. Mrs Bailey was very proud of our group's behaviour and keenness to participate. Reports from the students paints a fun three days of activities such as, archery, ropes course, giant swing, rock climbing, canoeing and many more.

What is most pleasing is the interaction our students have with kids from other small schools and at their own age level.

Congratulations Year Six on your behaviour and participation.











#### Year Three – Longneck Lagoon

Our Year three students with Mrs Daly and Ms Joseph attended the science day at the Longneck Lagoon Environmental Education Centre near Pitt town last Wednesday.

The students were investigating the impact humans have had on the environment. They took part in several activities from dip netting for water creatures, chemical testing of water quality and then utilising microscopes in making analysis of their research.

Overall, they had a great day and were very well behaved in their interaction with students from another primary school.













**P&C Meeting** Thursday 8th November @ 3.30pm



#### Sydney West Athletics Carnival.

Congratulations to our relay team, Jesse, Jackson, Riley and Zachary, who competed at the Athletics Field in Homebush a few weeks ago. We were very excited when the team managed to finish in third place.

It was a wonderful experience for the team, and I am sure they will always remember when they competed on the Homebush track.

Thank you to Ms Joseph, Mrs Mackintosh and Mrs Templeman for coming to the carnival and supporting the team.











#### 2024 Kindergarten Orientation Day

Next Thursday we will be joined at school by our 2024 Kindergarten students. This program offers the new students an opportunity to join in with the current K12 class and start the 'big school' process. There will be another day the following week as well.

Mrs Webb is very excited and looking forward to getting to know the new students.



#### **BUSHFIRE Season**

Attached to previous newsletters was a letter with information about school procedures regarding bushfires and the upcoming bushfire season. Also attached was an information sheet provided by the NSW Government regarding this matter.

If you need another copy please contact the school. Please read carefully and if you have any questions don't hesitate in asking Mr Ellis.

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# COLO HEIGHTS PUBLIC SCHOOL — EFFORT AND INTEGRITY

### SWIM SCHOOL—November 13<sup>th</sup> to 17<sup>th</sup>

Please remember that permission needs to be given and there is a payment required for the entry fee. All are available on School Bytes.

All students will need to wear a rash shirt for sun protection over their swimmers. Please check the rash shirts you have at home fit from last season.

The school has sunscreen but if your child requires a particular one please make sure it is provided every day of the program.

Students will require the following items;

- Swimmers worn under uniform every morning
- Sunscreen
- **RASH SHIRT** for sun protection
- Towel
- Plastic bag for wet swimmers and towel
- Change of underwear
- Recess

Bag to carry everything



Students can bring goggles if they need them for swimming; however, they are not necessary if you don't think your child needs them.

# LABLE EVERYTHING the students are responsible for their Belongings

## **RAMSES & THE GOLD of the PHARAOHS Excursion**

#### 29th November 2023

Please remember to keep permissions and payment coming in for this excursion all available on School Bytes.





COLO HEIGHTS PUBLIC SCHOOL — EFFORT AND INTEGRITY